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Activate your Faith with Anointing Oil

Biblical Usage and Understanding of Anointing Oil

Kathy DeGraw and Angelly Peters

Acknowledgments and special thanks:

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This booklet on anointing oil was designed to assist you in your spiritual walk and give you an understanding of why and how to use anointing oil.

Kathy and her teammate, Angelly, are passionate about using oil and desire to teach you how to make it a practice and priority in your life.

We encourage you to use anointing oil daily. We have included short tips and scriptural references on anointing oil. Additionally, we have included why we use anointing oil.

The anointing oil Kathy's ministry sells can be purchased at kathydegrowministries.org. Kathy takes a hands-on approach and assists in the filling, labeling and packaging. We individually scent every bottle. The anointing oil is prayed over, and every part is handled carefully. We expect the Holy Spirit to heal, deliver, protect and answer your prayers through the power of the Spirit in the oil.

Anointing oil is a profound practice that taps into spiritual authority and blessings of the Holy Spirit. Anointing oil in your journey as a believer is a powerful tool to invite spiritual breakthroughs, such as healing, protection, and blessings. Experience spiritual renewal and divine empowerment as you unleash the authority of the Holy Spirit in your faith journey.

Why am I passionate about oil? – Kathy's Testimony

I had two serious attacks against my body. Upon receiving the diagnosis, I used medical insights to pray, declare, and manifest my miracles. I anointed myself several times a day and have doctor verified reports of my healing miracles! It is the power of Jesus through the oil that heals!

Jesus loves you! You can have that same healing in your body. Anoint yourself daily by faith that Jesus will heal you.

I pray you will receive the miraculous healing power of Jesus manifest in and through your body.

Oil is a Symbol of Faith and a Point of Contact

Using anointing oil is a symbol of our faith in the Lord. It becomes a tool for us to show His ability to cleanse, make holy, empower, heal, and bless. Oil raises our faith level and those to whom we pray and minister. Applying oil on a person or ourselves may be one of the things that assists them and us to breakthrough.

Oil can be a point of contact similar to the woman with the blood issue in the Bible (see Mark 5). She said, "If I may touch His garments, I shall be healed." And immediately her hemorrhage dried up, and she felt in her body that she was healed of the affliction." Mark 5:28-29

She had faith but aligned her faith with a point of contact, his garments. Our point of contact for healing can be anointing oil.

Power of the Spirit through Oil

Anointing oil is representative of the power of the Holy Spirit. In the Old Testament, priests were instructed to be anointed to set them apart and commission them according to their calling. In 1 Peter 2:9, it tells us, “But you are a chosen people, a royal priesthood, a holy nation, a people for God’s own possession.”

We should be anointing ourselves to consecrate ourselves or set ourselves apart for a holy purpose in our everyday lives and the prophetic destiny God has appointed for us.

Anointing oil was used when the disciples were healing the sick and delivering the demonic oppressed. As we pray for the sick and deliver the oppressed today, we should anoint them with oil to represent the power of the Holy Spirit doing the work in them.

Why use Anointing Oil

The Lord has established it in His Word when He commanded it through His servants, so it is an example for us as His children and servants of Christ to do the same.

It is a prophetic action by faith declaring that the Holy Spirit is anointing us. We desire and receive His powerful presence to come upon us to serve Him.

We are making an agreement on earth with the Holy Spirit that we consecrate ourselves to worship the Lord in Spirit and truth and serve Him with an undivided heart.

We use it to establish that we are pure and holy vessels for the Lord, and we agree to leave behind that which is impure, unholy, familiar and worldly.

It is an established divine protection from the Lord. It is necessary to anoint ourselves daily, but most importantly, during warfare, seeking healing and specific assignments from the Lord.

It is a confirmation in the spiritual realm, specifically to our spiritual enemies, that we align ourselves with God, His Word and His plans.

It increases our faith and allows us to feel the tangible presence of the Lord.

Testimony

Using anointing oil in my personal life has been transformative for me. It has given me a tangible reminder of the dunamis (explosive) power of God's presence in my faith journey. I have experienced physical and emotional breakthroughs by applying anointing oil as part of my worship to Abba, Father. – Paula

How to Anoint Yourself

There is no uniform way or right or wrong way to anoint yourself. If you seek guidelines on where to start and how to do it, you can follow these until you are comfortable.

Put some oil on your finger or in the palm of your hand. Place it on your head or a body part. Pray audibly over yourself for anything you need or listen to the Holy Spirit for what He leads you to pray.

Here are some examples of what you can declare audibly and pray over yourself or another person.

Healing - *I declare by Jesus' stripes I am healed. I command my body to come into alignment with the word of God and be healed, in Jesus' name. I decree I am a walking manifestation of my healing!*

Protection - *I anoint myself and declare I am protected and covered with the blood of Jesus. I decree no weapon formed against me will prosper. I call forth the fire of God to establish a wall around me to protect me and angels to be dispatched on assignment, in Jesus' name.*

Deliverance - *I thank you, Holy Spirit this oil represents your power and what Jesus accomplished in the atonement. I command every unclean, evil spirit to get out of me now, in Jesus' name. I abort and cancel every demonic attack against me in the powerful name of Jesus!*

Yield to the Holy Spirit and expect Him to help you pray as you anoint yourself. When praying using oil, it is a combination of the oil, prayer, authority given to us by Jesus, and the power of the Holy Spirit that brings forth breakthroughs. Don't get caught up in the fact that you must pray a specific prayer. The Lord honors all prayers.

Facts about Olive Oil and Essential Oils

It is important to have knowledge about anointing oil and the ingredients we put on our bodies to receive physical healing.

All oil and the ingredients must be stored in colored glass to preserve the oil and scents from light exposure. The colored glass assists in preventing the ingredients from going rancid.

Olive oil can go rancid after six months, even in colored bottles. When you have had your oil for six months, rotate it with new oil. Use the old oil to anoint your home, vehicles, possessions, and property. When rancid oil goes into your bloodstream, it can stay in your body for two years.

Oil made with scents, perfume or fragrance, or that you don't know the origin of the ingredients, should only be used for your property or outdoors.

Anything you put on your body goes into your bloodstream within seconds, so know the ingredients and quality of your oil. High-quality, third-party, tested organic oils should be the only essential oils mixed with olive oil for anointing oil. It is counterproductive to pray for healing and then put an anointing oil on that has fragrance (perfume). Fragrance has been labeled as the new secondhand smoke.

Essential oils can lose their effectiveness as your body becomes accustomed to them. It is best to rotate your anointing oil with different essential oil combinations. You can use the same kind of anointing oil scented with essential oils for 30 days in a row, or you can rotate daily or weekly between anointing oils with different essential oil scents in them so that your body doesn't become immune to the benefits of using essential oils naturally for healing.

Reasons to use Anointing Oil

- Heal the sick
- Consecration and sanctification unto the Lord
- Prayer and fasting
- Spiritual warfare and protection
- Casting out of evil spirits
- Anointing homes and possessions

Testimony

I had been experiencing health issues again. I began using my anointing oil from you immediately after I received it. I also carry my prayer cloth with me everywhere, even when I recently had to get biopsies, tests and scans after my doctor was concerned at my last scan that the cancer was coming back. I wouldn't accept that report. I began to use my spiritual tools and am cancer free. God has a plan for me!

Living a Holy and Consecrated Life

The Lord has called and chosen us to a higher calling to serve His divine purposes on the earth. He has clarified that we are “A chosen race, royal priesthood, and consecrated nation, a special people for God’s own possession,” (1 Peter 2:9 AMP).

His heart is for His people called by His name to primarily minister to Him. The Lord is a personal God who delights in communicating with us so that we can know Him more intimately. He gave detailed instructions to Moses, which applies to us today, in order that the designated people to minister to Him were sanctified, purified, and consecrated to assist as priests.

We have the reference in Exodus 30:30, “You must anoint Aaron and his sons and consecrate them, so that they may minister as priests to Me.”

Let's look at the ingredients that compose this anointing oil. The Lord establishes that this holy anointing oil, as He called it, must be pure myrrh, cinnamon, cane, cassia, and olive oil. It is fascinating that the Lord God settles the matter by naming this oil holy. He said in verse 25, "It will be a holy anointing oil."

We must consider walking daily with an awareness of the Holiness of God. We do not consecrate ourselves with our own human methods. On the contrary, we must embrace and agree with what He has chosen for us as a mandate on His Word and has called it sacred. It is written in Leviticus 20:26, "You shall be holy unto Me; For I the LORD am holy and have separated you from other peoples, that you should be Mine."

Considering the Lord speaking in Exodus 30:30, "That they may minister as priests to Me." This verse in the Complete Jewish Bible says, "You are to consecrate them to serve me." Our Kingdom destiny is attached to our commitment to live a life of consecration so that we can primarily serve and minister to the Lord as He demands it.

The design of His heart for what He has created us. It is to be understood on the origin that the anointing oil represents the Holy Spirit, and we agree with His Word by anointing ourselves, declaring our decision to live in a way that honors the Lord and, above all else, so that everything we do, flows from a place of purity of heart and action.

This life consecrated, sanctified, and set apart onto the Lord is imperative because it also releases a testimony to the people around us that we are devoted and engaged in the plans the Lord has for us individually and collectively as His body to advance His Kingdom agenda on earth.

Anoint Yourself for Physical Healing

I (Kathy) have been healed 17 times without medical treatment. Holy oil was a critical instrument of my healing. I would anoint myself several times a day, take communion and declare healing audibly for my body.

My book, Spiritual Warfare Declarations, is filled with healing, deliverance and spiritual warfare declarations. These decrees were just as important as the oil in manifesting my healing.

The Holy Spirit honors all prayers. If you don't know what to pray for your healing, the most important thing is to pray audibly (see my book, SPEAK OUT). Yield and rely on the Holy Spirit, your natural insights, or decrees to claim and command your healing.

I like to use a lot of oil when praying for my healing. I use more than a dab. I want to feel the oil and receive the benefits of the essential oils. I will smear some on my hand or body part and command healing.

Every morning and evening, I anoint myself with oil and command my body to align with God's word and be healed. When I was on medication for hypertension, before I received my healing, I would additionally pray over my medication. I would say, "Thank you, Lord, this is a temporary solution. I claim and call forth my healing. I command there will be no side effects from my medication. I command every spirit of pharmakeia to be gone in Jesus' name."

I use oil as protection on the offense and do not merely wait until I need it defensively. I decree, "I am a walking manifestation of my healing."

Our two-year-old granddaughter is constantly anointing the family with oil. She may say, "God," "Jesus," "Blessing," or "Jesus, heal them." The Lord honors all prayers.

Understanding the Value of a Prayer Cloth

by Joyce Dykstra

Prayer cloths are powerful tools to use as you wait for the physical manifestation of your healing. These small pieces of fabric are anointed with oil and prayed over in faith by people who believe in God's promise that healing is the believer's inheritance.

The woman with the bleeding issue in Matthew 9:20-22 believed in her healing when she touched the hem of Jesus' garment. Prayer cloths are a point of contact in the same way. Her faith was activated. In one moment, that single touch released the power of Jesus to heal.

Using a prayer cloth as a point of contact combines our faith with the faith of the one who prayed over the cloth. This uniting of faith increases belief for a healing miracle in one's body.

Prayer and faith impart the power of the Holy Spirit upon the cloth. The Holy Spirit's presence can literally be felt in a prayer cloth that has been permeated with faith-filled prayer.

In Romans 12:3, we are told that each believer has been given a measure of faith from the Lord. Prayer cloths can help us to exercise and increase that faith. Every time someone lays the prayer cloth on their body, they believe in faith the promise of 1 Peter 2:24, "That by Christ's stripes (beating) we are healed."

As a person uses the prayer cloth repeatedly, faith is increased by reflecting on the promises of the Word. It is not the cloth itself that heals. It is the power of the Holy Spirit through the sacrifice of Jesus and the exercising of our faith that heals.

Disease and sickness are from the evil one, and he intends to distract us from focusing on the blessings of the Lord. A prayer cloth keeps our minds on the promises of God. Each time it is used or held in our hands; we are reminded of what Jesus accomplished on the cross for our healing. And we can feel the Holy Spirit's power flowing through. This helps us continually look to, believe and have faith in God.

Prayer cloths are a biblical concept. In Acts 19:11-12 it tells us, "God worked powerful miracles by the hand of Paul. So, handkerchiefs or aprons he had touched were brought to the sick, and the diseases left them."

Jehovah is the same yesterday, today and forever. If healing was manifested through these prayer cloths in the early New Testament church, this is evidence for them to be used today. The Holy Spirit is not limited by time or space. The prayers of faith over prayer cloths can bring healing everywhere.

Testimony

I held my prayer cloth during my mammogram test. – Dee

I ordered your oil for healing with the prayer cloth. I was having excruciating pain in my abdominal area. I wore the cloth over my abdominal area and noticed the pain was gone in a few days. I am completely free of pain. – Angela

Three years ago, I was diagnosed with stage 3 progressive Uterine Cancer. Kathy immediately sent me anointing oil and a prayer cloth that I wore during my surgery. Supernatural things began to happen, coinciding with the number two while I was prepped for surgery. The nurses knew something miraculous was happening. I almost died and shouldn't have lived. I used a prayer cloth and oil during chemo and radiation and read Kathy's book Unshackled. These were instrumental in my miraculous recovery! I am now completely healed and cancer free. I share my testimony every chance I get. – Christy

Oil through the Scriptures

When pertaining to a specific subject in the Bible, we as believers can often disregard important biblical concepts found in the Word of God. When we don't seek the Holy Spirit for wisdom and divine revelation in understanding oil or any subject biblically related, knowingly or unknowingly, we assume it does not apply to us. This seems to be the case with the use of anointing oil. When referring to this subject matter, many may hesitate to know the biblical aspects of oil due to unbelief, doubt, legalism, ignorance or simply lack of knowledge. The Lord states in Hosea 4:6, "My people are destroyed for lack of knowledge."

It is time that we as the Body of Christ, learn and receive the biblical and divine understanding of this amazing spiritual weapon the Lord has given us through His servants in the Bible. In Romans 15:4 (TPT) it says, "Whatever was written beforehand is meant to instruct us in how to live. The Scriptures impart to us encouragement and inspiration so that we can live in hope and endure all things."

It is essential to have both an attitude of openness and a willing heart to receive this spiritual instruction. As we open ourselves up to receive, the spiritual veil can be removed, and our spiritual eyes will see the truth by the power of the Holy Spirit. It is written in 2 Corinthians 3:16, “But the moment one turns to the Lord with an open heart, the veil is lifted, and they see.”

As we use the anointing oil, we are taking a stand in agreement with the Holy Spirit here on earth. It is a powerful and divine unity between heaven and earth that solidifies the purposes of the Lord and our consecration unto Him. The Bible says in 1 Samuel 16:13, “Then Samuel took the horn of oil and anointed him (David) in the midst of His brothers. And the Spirit of the Lord came on David from that day forward.”

It is necessary as followers of Christ to anoint ourselves daily. As we do, we establish that we are set apart to walk as pure and holy vessels for the Lord, leaving behind that which is impure, unholy, and worldly.

During times of warfare, being anointed with oil signifies that we position ourselves in divine alignment with the Lord, His plans, and His purposes with confidence that He brings forward His victory over our spiritual enemies, just as it happened in 2 Kings 9:4-8.

Let your faith be ignited by seeking the Holy Spirit about this subject to impart His counsel, revelation and understanding. We can no longer be seated on the sidelines waiting for the victory to arrive. We must actively participate as the army of the Kingdom of God, dressed for battle and anointed for success.

Scriptures about Anointing Oil

1 Samuel 16:13

2 Kings 9:6

James 5:14-16

Mark 6:13

Isaiah 21:5

Exodus 40:15

Consecrate your Prayer Time

The Lord calls us to be holy for he is holy (Leviticus 20:7). He separated us from the kingdom of darkness and called us into His Kingdom through His Son Jesus Christ (Colossians 1:13). Therefore, I desire, as His Word says in Romans 6:19, "To yield my members as slaves to righteousness unto holiness."

Prayer is a lifestyle of righteousness in which our privilege is to approach Him with boldness and confidence yet with humbled, pure hearts and clean hands. We know that our flesh conflicts with the Spirit and can get in the way when we do the kingdom's work daily.

Anointing myself before prayer is to consciously establish that every sense is controlled by the Holy Spirit, giving Him permission to override my flesh and selfish desires as I pray. I pray specific Scriptures for those areas as I anoint my eyes, ears, mouth, mind, heart (my will), and hands. I want to pray for his will, heart, and purpose to be done on earth. I want to tune in with what heaven is saying during my

prayer time and receive divine revelation so that I can be used effectively.

It sets us apart and cleanses us so we can enter the throne room with a pure heart for the Lord. Anointing ourselves with oil reminds us to seek forgiveness and forgive others as we come boldly to the throne room to receive grace and mercy in times of need (Hebrews 4:16).

Important Tip

When seeking healing, you must pray audibly. Jesus has given us authority, which comes with speaking to our condition, body, and what is malfunctioning or needs to align. My book, SPEAK OUT, will teach you the importance of audible prayer and help you manifest your healing. I never got healed by thinking about it or praying silently. It was always by praying out loud and speaking to my condition or body part.

Destroy Yokes and Remove Burdens

There is an appointed day on which the deliverance of the Lord has been determined, and the breakthrough the Lord has pronounced over our lives is to be accomplished as we walk in alignment, submitted to His Lordship and His Word. For so long, the enemy has placed the burdens of sickness, disease, illnesses, infirmities, and bondages in the lives of the Lord's people, delaying them from the path of their kingdom's destiny.

Evil traps of offense, bitterness, frustration, anxiety, and fear have snared the people of God, and it's about time that these things are destroyed and removed from our lives in the mighty name of Jesus Christ. Psalm 25:15 (TPT) states, "Rescue me, YAHWEH, for you free my feet from every trap." It is His will that we walk in freedom and liberation. Anything contrary to His purposes for us must be destroyed, annihilated and removed.

There is a call as the remnant of the Lord's that we must answer. It is to walk in complete dependence, obedience, and submission to the Lord Almighty. Thereby, we can accomplish His mandate for us on the earth. The enemy deceitfully tries to rule over us through the burdens he seeks to place over our shoulders to restrain our movements from the direction the Lord has intended for us. His revealed will is established in Galatians 5:1, "For freedom Christ freed us. Stand fast, therefore and do not be entangled again with a yoke of bondage."

The Lord speaks of the oil of anointing in Isaiah 10:27. "In that day his burden shall be taken away from off your shoulder, and his yoke from off your neck; and the yoke shall be destroyed because of the anointing oil." There are burdens carried because of compromise, heaviness, rebellion, and idolatry that demand a supernatural touch from the Lord, so they are taken away.

It is necessary to understand that no human being can, without the power of the Holy Spirit and the seal of His oil of anointing, remove the forced oppression and shatter the yokes of the enemy.

We must prioritize His way of doing things and His thoughts on the matter instead of walking in our own understanding. The Lord has declared in Isaiah 55:8-9, “For My thoughts are not your thoughts, nor are your ways My ways, says the LORD, for as the heavens are higher than the earth, so are my ways higher than your ways, and My thoughts than your thoughts.”

In union with the Holy Spirit, anointing ourselves is a prophetic act on earth, agreeing with the Lord to invade our lives and His perfect, good and pleasing will to be manifested.

Anoint Yourself for Deliverance

I love the power of oil for deliverance. I cannot tell you the number of times as a deliverance minister that I put oil on my hands and went to pray for a person, but before I opened my mouth to pray, the demons began leaving because of the oil. When prayed over, oil has the power of Jesus and the Holy Spirit to evict and expel demons.

You can use anointing oil to receive deliverance. I specifically pray over the oil we use for our events and have available on our website for deliverance.

You can receive deliverance with the help of my books, *Mind Battles* and *Unshackled*.

Read the books, apply some oil to yourself and use the list of evil spirits available in these books and the prayers I have written to cast out your demons.

Follow these Guidelines

- Release and receive forgiveness
- Repent of any sin
- Read my books to receive inner healing and to identify the root cause
- Pray audibly the prayers I have listed in my resources

Command out loud the demons that are listed in the books, or if you know the demons in which you struggle, say audibly, “I command a spirit of (insert spirit’s name) to get out, in Jesus’ name.”

Healing Tip

If you struggle with a sickness or disease or have been diagnosed with a health condition, evict the demon by anointing yourself with oil and saying, “I command a spirit of infirmity to get out of me, in Jesus’ name.”

The Oil of Anointing for Victory in the Battle

As part of the End Times remnant army, we have been destined and chosen to take territory on the earth for the Lord Jesus Christ. The Lord does not ask if we want to partner with Him in accomplishing His Kingdom's purposes during spiritual battles. He expects us as His appointed people, to armor up and rise to the task.

In the biblical account found in 2 Kings 9:4-8, we read of Jehu, a commander of the Army of Israel, being anointed with oil poured on his head by a young prophet who had been instructed by the prophet Elisha.

The Lord anointed Jehu, and his position of authority was elevated to that of King of Israel. He went from being a commander of the army to a royal position. His assignment given by the Lord required him to have a greater supernatural anointing because of the level of warfare with which he would be involved. He needed this oil of anointing as a representation of the Holy Spirit to accomplish the

victory the Lord desired and the removal of all his enemies so that His Kingdom's agenda advances.

This also relates to us, for everything in the Word of God is for our benefit. I have asked myself why the Lord used oil before He released His Word over Jehu. Could the Lord have used only His Word to proclaim him as the king of Israel? Absolutely!

Just as it happened with David in 1 Samuel 16:13, "Then Samuel took the horn of oil and anointed him in the midst of his brothers. And the Spirit of the LORD came on David that day forward." The Lord anointed David first as king to rule over Israel. Then, in Chapter 17, David battles against Goliath. David was anointed foremost before he was appointed to fight in that battle.

Returning to my questions, I believe our Lord God can do whatever He desires. I like Psalm 135:6, "Whatever the LORD pleases, He does in heaven and on earth, in the seas and all the depths." I believe the command of anointing him with oil is a tangible time of remembrance for Jehu, signifying the presence of the Lord being established on him

to get into the battle he was directed to do. It built his confidence in the Lord. The people around him recognized him for the significance of this anointing over his life, which was about to set everything in order in accordance with God's will for their country.

These two men of the Lord encountered warfare that placed them into positions destined for victory because they were primarily anointed with the oil of the Lord, guaranteeing the hand of the Almighty upon their lives.

It is time to arise to the occasion as we learn from these passages in the Bible. Be ignited to choose and desire to partner with the Holy Spirit in prayer by anointing yourself so that He accomplishes His desire, will and heart through you as you engage in the spiritual battles that the enemy rages, being certain of Deuteronomy 20:4 (TPT), "For the LORD your God is going with you! He will fight for you against your enemies, and he will give you victory.!"

How to Spiritually Cleanse and Protect Items

Place some oil on your finger and touch the object. Pray to consecrate it and set it apart for sacred use.

If you feel uncomfortable with an object or believe it has an unclean spiritual attachment, anoint it and command all evil spirits to go, in Jesus' name.

Place oil on the doorposts of your home and speak Psalm 91 over your house for spiritual and natural protection over your items.

The Spirit of the Lord told my husband to pray over new items we receive in our home, such as furniture, major purchases, and home renovations. I encourage you to go through your home every three months and anoint it again, as well as anything you have forgotten to anoint previously that you have brought into your home.

If you feel dissension or something off within your home, take a walk-through and invite the Holy Spirit to reveal any object that needs to be anointed or discarded. People can additionally give you gifts that have demonic attachments or meanings; therefore, make it a habit to do a spiritual inventory often in your home.

Receive a free PDF eBook on how to pray over your items at kathydegrowministries.org/housecleaning

Testimony

God told me to anoint my house with oil as I had thoughts and actions that were not mine. As soon as I did, God met me and sent His Holy Spirit to me! Over the next seven days, God healed my body from sickness. I'm walking again and have found life! – Jennifer

How to Anoint your Home

In the Bible, they anointed the tabernacle and its possessions (Exodus 40). We should anoint our homes.

Mark the door posts with oil. In the Bible, they were instructed to put blood on the doorposts so the plague would pass over them (Exodus 12). Applying oil is protection and consecrating your home unto the Lord.

Anoint every room of your home. Place oil on the doorposts, on top of the door frames, or on the walls. Oil will leave a mark on your home, so be conscious of where you anoint it. I personally like to see oil smudges!

Anoint your home when storms are approaching for protection and before you leave on vacation.

Pray over and anoint your home when multiple people have been in and out of it. Keep a strong spiritual protection barrier and the presence of the Lord in your home.

Protection Protocol for Rental Rooms

Take authority over the spiritual atmosphere as you enter a place that is not your home, such as a hotel room, family member's home, or vacation rental.

Anoint the room or home with oil by placing some oil on your finger and then placing it on doorways, windows, beds, walls and wherever else you feel led. Ask the Holy Spirit to highlight what you should anoint. Oil will leave a mark (residue and stain), so anoint windows, on the underside of furniture and on the top of door frames.

Pray protection prayers and scriptures. Prayers are available in my Warfare Declarations books available at kathydegrowministries.org or on Amazon.

Prayer Points for Rooms

- Command all lingering demons and spirits of perversion to get out in Jesus' name.
- Anoint air ducts and furnace units if possible. It is a commonplace that demon's hideout.
- Decree audibly that the blood of Jesus covers where you are staying.
- Speak out loud and command angels to come and guard and protect the place.
- Command a wall of fire from Father God to come and guard and protect you, especially while you sleep.
- Pray to take authority over the place. Bind, restrict, and evict demonic activity.
- Play worship music or scripture in the room even when you are not there. Invite the presence of the Lord to fill the place.

Prayer for Blessing Oil

Holy Spirit, anoint this oil in the name of Jesus. I declare this oil has the power of Jesus and the Holy Spirit to heal, deliver, anoint, protect, consecrate and cleanse. I thank you this represents your love and what I am given as an inherited child of God. I thank you that this oil, combined with the power of what Jesus accomplished at the atonement, can and will heal, deliver and release miracles.

I call forth that everyone who comes in contact with this oil will be changed and feel the presence of the Lord and the power of transformation, healing and peace. I declare the sick will be healed, and people will be delivered from demonic influencers. Father God, I ask for your glory to come upon this oil. Resurrect people's lives through the power of your love displayed and manifested in this oil, in Jesus' name.

A Threefold Cord

Anointing Oil, Prayer & Fasting

Oil used for prayer and fasting, sets us apart and invites the power of the Holy Spirit to guide us, strengthen our soul to deny our flesh, and to hear clearly from the Lord. It is Biblical to anoint with oil during fasting and prayer.

But you, when you fast, anoint your head and wash your face, so that you will not appear to men to be fasting, but to your Father who is in secret. And your Father who sees in secret will reward you openly. Matthew 6:16-17

It is beautiful to see the weaving of these three spiritual weapons that the Lord has revealed to us in His written Word. He is seeking for His people to activate them by faith and act on them in the same manner we put on God's full armor.

The Bible tells us in 2 Corinthians 10:4, “For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strongholds.” We are chosen and created by the Lord and called to grow in spiritual maturity to accomplish a divine purpose using His mighty weapons.

Paul reveals in 1 Corinthians 3:1 (TPT), “Brothers and sisters, when I was with you, I found it impossible to speak to you as those who are spiritually mature people, for you are still dominated by the mindset of the flesh.” God is the One who reveals and unveils what has been freely given to us by the Holy Spirit. To look at the anointing oil, prayer and fasting, we need to do it through the lenses of heaven’s perspective and spiritually discern the call of the Holy Spirit to receive a higher revelation of these spiritual truths. When we have yielded to His Lordship, the reality of a visible maturity that we have cultivated in the journey will be manifested.

In Matthew 6:6, I love that our Lord Jesus is teaching about fasting, following right after prayer, and bringing a connection between them. At the same time, in verse 17, he refers to the word anoint when speaking about fasting. He brings a divine connection between these three strands.

The oil anointed by the Lord purifies, consecrates, and sets us apart as we fast and pray. The Lord Jesus said these words in Matthew 6:6 and 6:18. “And your Father who sees in secret will reward you openly.”

Biblical fasting is accompanied by prayer. In this secret place with our Heavenly Father, we are commissioned, refined, revived, realigned, and repositioned to have the character of Christ so that we can carry His purposes with purity and integrity on the earth. The discipline of fasting is a process the Lord takes to cleanse us by removing our fleshly desires so that we can listen to His voice with clarity and precision.

There are Scriptures that regard our Lord Jesus welcoming to be anointed with oil and this being used for Kingdom purposes. The Lord places high value on His people to walk in holiness before Him. Commissioned to be set apart from common and secular uses, to bring about His standard as a shield on everything we put our hands to. It is about reflecting His Kingdom to further His agenda.

When we move in the revelation of these three aspects that form a cord of three strands, we are not easily broken

(Ecclesiastes 4:12). The purposes that our God has destined for us will not be quickly broken. The unison of these as our spiritual lifestyle brings a flow of the supernatural strength and ability provided by the Holy Spirit that sustains us as the motives of our hearts are aligned with the Father.

Resources by Kathy DeGraw

Books - Mind Battles, Unshackled, SPEAK OUT, Prophetic Spiritual Warfare Discerning and Destroying the Works of Satan, and more are available on Kathy's website, Amazon, or wherever books are sold.

Kathy's training platform
training.kathydegrowministries.org

Kathy's new book, Healed At Last will be released in
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